



# DR CLAIRE LEONARD

BSC. HONS, DCLINPSY, MBBPS, CPSYCHOL

Chartered Clinical Psychologist

## PROFILE

Chartered Clinical Psychologist with over 10 years NHS expertise in mental health, specifically working with people with Autism, Learning Disabilities and other Special Educational Needs.

Specialist interests include complex genetic health presentations, attachment difficulties, and supporting siblings.

Uses an integrative approach to understanding presentations, building on systemic, compassion-focussed, acceptance-commitment, behavioural and attachment based therapies.

## PROFESSIONAL MEMBERSHIP

Practitioner Psychologist (HCPC)  
Chartered Clinical Psychologist (BPS)



The  
British  
Psychological  
Society

Chartered Psychologist



www.hcpc-uk.org

## CONTACT

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## HOBBIES

Dog walking  
Arts and crafts  
Beach combing

## EDUCATION

### Doctorate in Clinical Psychology, University of Leicester 2010 - 2013

Employed by Leicestershire Partnership NHS Trust to complete Doctorate  
1<sup>st</sup> Year – Health Psychology, Northampton General Hospital  
2<sup>nd</sup> Year – Kettering Community Team for People with Learning Disabilities  
3<sup>rd</sup> Year – Coventry Eating Disorder Service

### 2:1 in Human Psychology, Aston University 2005 - 2009

Completed a placement year as an Honorary Assistant Psychologist with Heart of Birmingham Child and Adolescent Mental Health Service (HoB CAMHS) during 2007-2008.

## CURRENT POST

### LD CAMHS – Coventry & Warwickshire Partnership NHS Trust Senior Clinical Psychologist (Band 8a)

April 2016 – Present

Working with young people with moderate-to-severe Learning Disabilities and complex mental health and/or behavioural difficulties.

### Enhancing Futures – Director & Chartered Clinical Psychologist January 2020 – Present

Private specialist psychological assessment and therapy service for young people and families.

### One Regent Place Wellbeing Centre - Director January 2020 – Present

Director of a wellbeing centre offering a bookable space for health professionals to use to provide support services for young people and families.

## PREVIOUS EXPERIENCE

### Northamptonshire Partnership NHS Trust – Clinical Psychologist September 2015–April 2016

Clinical Psychologist in a lifespan Community Team for People with a Learning Disability (CTPLD) leading to a role supporting set up of the Children's CTPLD based within CAMHS following re-commissioning of the lifespan service.

### Birmingham Children's Hospital NHS Trust - Clinical Psychologist October 2013 – September 2015

Clinical Psychologist for the Diabetes Service, covering Type 1 Diabetes and the Rare Diabetes Clinics for Alstrom, Bardet-Biedl, Wolfram Syndromes.

### Leicestershire Partnership NHS Trust – Trainee Clinical Psychologist October 2010 – September 2013

Employed within the NHS whilst completing Doctorate in Clinical Psychology.

### Birmingham Children's Hospital NHS Trust – Assistant Psychologist July 2009 – September 2010

Assistant Psychologist within the Heart of Birmingham CAMHS Team.